

Letting Me Down

*Trying to not let you bring me down,
With your focus on illness,
With your negativity,
I'm not like that anymore,
I love life.*

*Trying to not let you know my pain,
Going down my leg,
Like a lightning strike,
Bringing me down everyday,
I'm stubborn and too proud.*

*Trying to not let you guilt me,
Because I've stopped chatting daily,
Instead I get things done,
To live life as able I can,
Something I value.*

*Trying to not let you put the blame squarely on me,
That our chats contain more white space than letters,
There comes to the point where
Trying is too hard,
When you get one word answers.*

*Trying to not let you know I've reached a point,
Ready to give up on our friendship,
Still hopeful things will get better,
But knowing you'll never change –
Only I have.*