

A Seed of Doubt

*Ever woke up at night
Thoughts chasing each other's tails
Wishing they'd stop playing cat and mouse?*

*Laying there you try to sleep,
But your eyes won't shut,
Like they're transfixed to the blackness.*

*So you go with the flow,
With fantasies running wild
You curse the imaginary situations.*

*Begging sleep to fall over you
You question the motives,
A seed of doubt planted.*

*Morning comes,
You refuse to water the seed,
Carrying on just as normal.*